

SERENITY



IF A MAN INSISTED ALWAYS ON BEING SERIOUS, AND NEVER ALLOWED HIMSELFABITOF FUN AND RELAXATION, HE WOULD GO MAD OR BECOMEUNSTABLE WITHOUT KNOWING IT. HERODOTUS



FULL BODY MASSAGES

- Back, Neck & Shoulders massage This massage allows the therapist to focus on head, back & shoulders to deliver the part of the body from knots of tension.
- Hot Stones massage treatment Indulge in one of the best spa experience, the hot stones massage. The relaxing power of manual massage is enhanced by the use of energetic stones, used as an extension of therapist hands and by placing them on the body.
- Tonifying Indian massage Following the Ayurveda tradition this massage replenishes mind and body with energy thanks to a particular technique. Ideal for tired organism.
- Harmonia Massage
 - A soothing and relaxing full body massage following the Swedish massage technique, and offering balancing of body and mind.
- Egyptian massage
- Following a tradition of Ancient Egypt, this massage combines a medium pressure and reflexology.
- "Serenity World Signature massage"

This massage harmoniously combines different techniques- Indian, Greek, Egyptian, Swedish, Shiatsu in a unique way. To bring relaxation and wellness one step beyond.

Ancient Greek massage

Following an ancient technique inherited from Hippocrates, this massage connects you with a millenary tradition and is an authentic Greek treat.

SPECIFIC MASSAGES

- Kids massage (6 up to 14 years old) Initiation to the world of spa and pampering while ideally share this moment with a mother or father. Pregnancy massage
- To relieve the mother-to-be from muscle pain and tightness, after third month of pregnancy, this massage is made when lying on each side of the body.

Note: all our 50mn-full body massages can be extended to a 70m-length, with an addition of 20mn of face and scalp massage, at the price of 75€.

30mn | 40€

70mn | 75€

50mn | 55€

50mn | 60€

50mn | 60€

50mn | 60€

50mnl 60€

20mn | 35 €

50mn | 60€



PURIFYING & HYDRATING TREATMENTS

- Beauty Vitamin Express Flash Energizing and hydrating facial to rejuvenate and restore radiance to the skin. The multi-vitamin moisturizing face mask will pamper your skin and leave it soft and glowing.
- Purifying Black Lava facial Cleansing facial which combines black lava with green clay to deeply purify the pores and restore elasticity and glow to the skin. For combination skins and men's skin.

- Soothing Age-contouring facial Soothing anti-ageing facial with a special honey and olive leaves mask for sensitive skin, ideal after sun exposure to calm the skin and repair the hydro-lipid film. For men & women.
- Hydra concept with collagen mask facial Anti-ageing facial for deep hydration based on high-end ingredients such as hyaluronic acid and collagen. Combined with natural aloe and olive oil, it ensures that the skin recovers firmness and elasticity.

50mn | 55€

50mn | 55€

50mn | 60€

50mn | 60€



Mer Ritual Sea Salt scrub

Mediterranean Sea salts in Greek olive oil blended with a unique fragrance remove dead cells and leaves skin soft and renewed. An application of Mer Ritual massage oil completes the treatment. Recommended before sun exposure for a perfect tan.

Holistic Detoxifying Dead Sea Mud

- Hammam session 10mn
- Amber Royal Sugar scrub 15mn
- Detoxifying Dead Sea Mud to drain and evacuate toxins while a powerful antioxidant replenishes the energy

- Amber Royal Massage oil and Body Butter Aloe application

• Signature After-sun Bliss

This body treatment repairs sun-damaged skins thanks to a mask of calming aloe vera and moisturizing calendula and olive oil. A refreshing aloe body butter is applied to soothe body skin after sun exposure.

Velvet Chocolate

Based in real chocolate. It is a deep nourishing and moisturizing treatment which pampers the body and soul. It starts with full body Cocoa and Sugar scrub and stimulates the production of endorphins in the brain and helps to combat anxiety and stress. The feel of chocolate mask on the skin and the rich natural scent creates a relaxing and exhilarating atmosphere.

35mn | 40€

50mn | 60€

50mn | 60€

50mn | 60€



COIFFEUR

HAIRCUTS (INCL. WASH)

Ladies	25€
Men	20€
Children (until age 15)	10€

HAIR STYLING

Shampoo & Blow Dry	35€
Evening up-do styling	35€
Bridal hair	110€
including 1 rehearsal)	

COLOUR

Root color
Full color short
Full color long
Highlights short
Highlights long

Beard Trim

NAIL TREATMENTS

Simple Nail Poli French Style

MANICURE

Manicure Spa Manicure Manicure Semi-permanen Spa Manicure

. Semi-permaner

PEDICURE

30€

45€

60€

40€

60€

10€

Pedicure Spa Pedicure Pedicure Semi-permanen Spa Pedicure Semi-permanen

REMOVALS

Semi-permanent Removal10€Gel Removal15€

WAXING

ish	15€	Full legs	30€
	25€		10.0
		Half legs	10€
	25€	Arms	12€
	35€		
nt	30€	Underarms	10€
nt	45€	Bikini	15€
		Chest	15€
	35€		
	45€	Upper lip	10€
	40€		10.0
nt		Eyebrows	10€
nt	45€		
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B-Touch is a new Greek skin care brand that uses precious natural ingredients such as aloe vera, olive oil, multi vitamin and caviar as well as hyaluronic acid and collagen. This brand was designed to address specifically spa and beauty institutes and displays a complete range of retail products for spa at home.

Be touched... with a Greek touch and enjoy...!



SEREN

Entrance Central Outdoor Pool

> **Everyday** 8:00 - 20:00

T. 2242O 3OO11 spa@pelagoshotel.com